

## VOLUNTEER TODAY

If you have a passion for beauty, become a volunteer and start helping women and teens with cancer feel like themselves again.

### QUEBEC

City	Location	Timing	Language
• Chicoutimi	Société Canadienne du cancer	1st Tuesday of the month 2:00 - 4:00 PM	French
• Alma	Soli-Can Lac St-Jean Est	2nd Monday of the month 1:30 - 3:30 PM	French
• Montreal	Cedars Cancer Centre	1st Monday of the month 12:30 - 2:30 PM	English/ Bilingual
• Montreal	Hôpital Maisonneuve-Rosemont	3rd Wednesday of the month 1:00 - 3:00 PM	French
• Montreal	Société Canadienne du cancer	3rd Monday of the month 7:00 - 9:00 PM	French
• Montreal	Centre hospitalier de l'Université de Montréal, 1051 Sanguinet	4th Saturday of the month 10:00- 12:00PM	French
• Montreal	Jewish General Hospital- Hope and Cope Wellness Centre	3rd Tuesday of the month 1:00 - 3:00 PM	English/ Bilingual
• Greenfieldpark/ Longeuil	Hôpital Charles Lemoyne	1st and 3rd Tuesday of the month 1:00 - 3:00 PM	French
• Lachenaie	Le centre hospitalier Pierre Le Gardeur	2nd Monday of the month 1:00 - 3:00 PM	French
• Laval	Hôpital de la Cité-de-la-Santé - CISSS de Laval	2nd Monday of the month 1:00 - 3:00 PM	French
• St-Jérôme	CISSS des Laurentides Point de service de St-Jérôme	1st Monday of the month 1:00 - 3:00 PM	French
• Levis	CSSS Alphonse Desjardins	2nd Wednesday of the month 1:30 - 3:30 PM	French
• Pointe-Claire	Lakeshore General Hospital	1st Monday of the month 9:30- 11:30 AM	English/ Bilingual
• Quebec	CIC-Centre de recherche sur le cancer et oncologie	1st Wednesday of the month 7:00 - 9:00 PM	French
• Quebec	Fondation Québécoise du cancer	3rd Wednesday of the month 1:15 - 3:15 PM	French
• Rimouski	Association Québécoise du cancer de l'Est	3rd Monday of the month 1:30 - 3:30 PM	French
• Sherbrooke	Fondation Québécoise du cancer	3rd Monday of the month 1:30 - 3:30 PM	French
• Sept-île	CISSS de la côte Nord- Sept-Iles	2nd Monday of every other month 1:30 - 3:30 PM	French
• Trois-Rivières	Société Canadienne du cancer	1st Monday of the month 1:30 - 3:30 PM	French
• Val-Dor- Rouyn Noranda	CISSS Abitibi Témiscamingue-Secteur Val d'or	1st Thursday of every other month 1:00 - 3:00 PM	French
• Victoriaville	CIUSSS de la Mauricie	3rd Monday of the month 9:00- 11:00 AM	French
• Gatineau	Fondation Québécoise du cancer	2nd Monday 1:00 - 3:00 PM	French