



BREAST CARE, FORMS & GARMENTS ONLINE WORKSHOP

Learn about options available to help you feel confident in returning to everyday activities after breast cancer with information on post-surgical bras and breast forms and additional resources. All in a welcoming and supportive environment. Join a supportive community in a small-group format to learn and share.

Led by expert volunteers via an easy-to-use video conference platform, our free online workshop for **women facing cancer** provides information on:

1 Bras, garments and breast forms for:

- Post surgical recovery
- Reconstruction
- After treatment
- Swimming and exercise

2 Proper fit and preparing for a fitting

Visit our website to register and learn more about our Skincare & Cosmetics and Hair Alternatives workshops. You'll also find lots of resources for women facing all cancers.

Women facing cancer are welcome to register for all or one online workshop at lgfb.ca or by phone 1-800-914-5665.

SCAN HERE
TO REGISTER



@LGFBCanada
lgfb.ca | 1.800.914.5665